

8 The Hyde Building  
The Park  
Carrickmines  
Dublin 18

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The South American Travel Specialists

**SUN TRAIL TREK**  
**PROGRAM 12 DAYS /11 NIGHTS**  
Lima, Cusco & Machu Picchu



Day	City	Activity	O/N	Meals
Day 1	Dublin	Flight	-	-
Day 2	Lima	Arrival in Lima	Lima	-
Day 3	Lima/Cusco	Departure to Cusco.	Cusco	B
Day 4	Cusco/Challacancha/ Soyrococha	Trek	Cusco	B/L/D
Day 5	Soroycocha/Qollpapampa	Trek	Cusco	B/L/D
Day 6	Qollpapampa/ Lucmabamba	Trek	Cusco	B/L/D
Day 7	Lucmabamba - Hydro – Machu Picchu Town	Trek	Aguas Calientes	B/L
Day 8	Machu Picchu/Cusco	Excursion to Machu Picchu with lunch included. Return by train to Cusco	Cusco	B
Day 9	Cusco	Day at leisure. Op. 1 Half day city tour and nearby ruins / 2. Pisac Market & Ollantaytambo (SIB Tue/Thu/Sun)	Cusco	B
Day 10	Cusco / Lima	Departure to Lima. Arrival and transfer Op. 1 Half Day City Tour	Lima	B
Day 11	Lima	International departure	-	B
Day 12	Dublin	Arrive Home	Dublin	-

**Detailed Itinerary:**

**Day 1**

Depart Dublin on overnight flight to Lima

**Day 2**

**Arrival in Lima (-)**

Upon arrival, you will be welcomed and transferred to your hotel. A documentation kit, detailed program explanation plus luggage and hotel registration assistance is offered.  
Overnight in Lima.

**Day 3**

**Lima - Cusco (B)**

At the scheduled time, transfer to the airport to take your flight to Cusco. Upon arrival, reception by our representatives and transfer to the hotel. The rest of the day is free to rest and get acclimatized to the altitude. Overnight in Cusco.

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#### Day 4

##### 5D/4N Sun Trail Trek: Cusco – Challacancha - Soyrococha (B/L/D)

We leave Cusco early (06.00 a.m.) and drive, to the village of Mollepata a nice Andean Village situated in a citrus growing area at 2803 m.a.s.l. On route we will visit the archaeological site of Tarawasi, one of the nicest buildings in the area before getting to Mollepata. After a short visit to Tarawasi we will continue driving on a dirt road towards Mollepata and Challacancha, where we will meet the staff in charge of the logistical operation of our trek: horse handlers and horses. From Challacancha we will start to climb towards Salcantaypampa, where we will eat lunch, after a short rest we will continue to climb towards Soyrococha (4,200 m.a.s.l.), to our first campsite, we will have a magnificent view of Apu Salcantay (snow capped mountain 6271.00 m.a.s.l.) Guardian Lord of Cusco.

#### Day 5

##### 5D/4N Sun Trail Trek: Soroycocha – Qollpapampa (B/L/D)

After a healthy breakfast, early in the morning, forecasting a long journey we will depart around 6:30 am, towards Collpapampa, we will start ascending to Salcantay Mountain pass (highest point of the trek) (4,525 m.a.s.l.) we will enjoy wonderful views of the surrounding glaciers towering above us and hopefully see Andean Condors in their natural habitat. We will descend towards Huayracmachay where we will eat lunch, and then we will start descending towards a more tropical climate into cloud forest. On route, we will see the remains of original ancient Inca Trails; we will walk along the Salkantay River, arriving to the second camp at Qollpapampa (2890m), a beautiful spot with some natural hot springs to relax in the afternoon.

#### Day 6

##### 5D/4N Sun Trail Trek: Qollpapampa – Lucmabamba (B/L/D)

After breakfast we will descend through a narrow path toward the banks of the Cachora River. This day we will enjoy a warmer and more humid climate, at this altitude there is a marked change in the flora and fauna, becoming more verdant and preparing us for the subtropical foliage, on the route we will pass through wild fruits plantations like passion fruit, coffee plantations. In the afternoon we will continue close to the banks of the river and we will pass Sahuayaco village. Later we arrive to our campsite at Lucmabamba.

#### Day 7

##### 5D/4N Sun Trail Trek: Lucmabamba - Hydro – Machu Picchu Town (Aguas Calientes) (B/L)

After breakfast, we will start to walk towards "La Playa" village and we will cross the river and start climbing until we arrive to El Mirador or Abra O'elloqasa (2860 m.a.s.l.) from here we have an exceptional view of Machu Picchu from a different angle. We enjoy a last lunch at the lookout point of Llaqtapata (2650masl) from where we can view both Machu Picchu and Salkantay Mountain and take a good rest, enjoying the added value of the Llaqtapata remains, which have recently been restored. A descent towards the Aobamba River crossing lush bamboo forests, more orchards and coffee plantations brings us to the hydroelectric plant of Machu picchu from where we board a train that takes us to Machu Picchu Pueblo (short, scenic 30-minutes train ride), arriving to Aguas Calientes, transfer to the hotel for resting. Overnight in Aguas Calientes.

#### Day 8

##### 5D/4N Sun Trail Trek: Machu Picchu – Cusco (B)

Early in the morning we will take the first bus up to Machu Picchu Sanctuary; our guide will offer a full guided tour of this spectacular place. Then, we will have free time to explore. Return to Aguas Calientes to take the afternoon train to Ollantaytambo, where a private bus awaits to take us to our hotel in Cusco city. Overnight in Cusco.

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#### Day 9

##### Free Day – Explore the City on your own! (B)

You will have all the day at leisure to enjoy the beautiful city of Cusco. Overnight in Cusco.

#### Optional

##### Cusco: City Tour, Sacsayhuaman and Nearby Ruins

In the afternoon, we will visit the amazing colonial city built on the foundations of the Inca palaces. You will visit the Koricancha or Temple of the Sun, where you can appreciate the incredible masonry of the Incas, the Plaza de Armas and the Cathedral with its carved woodworks, altars and paintings. Then you will be driven to the Inca fortress of Sacsay huamán, to the underground cave and temple of Kenko, Puca Pucará and to Tambomachay, known as the Baths of the Inca.

#### Optional

##### Sacred Valley of the Incas: Pisac Market and Ollantaytambo. Lunch included

We will drive towards the Sacred Valley of the Incas, taking the direct route to Pisac. We will stop on the way to have a classic view of the Urubamba valley, with crops dressing the mountains like carpets. We will arrive to the colourful market of Pisac, where we will have free time to interact with the local craftsmen, or to purchase their hand-made souvenirs. We will continue to the town of Urubamba for a buffet lunch. Finally, we will visit Ollantaytambo, attractive town of Inca origin with remarkable channels and stone streets. In its high part one rises to an impressive ceremonial centre of cult to the water and a fortress that guarded the access to the lower part of the valley.

#### Day 10

##### Cusco / Lima (B)

At the scheduled time, we will transfer you to the airport to take your flight back to Lima. Upon arrival, reception by our representatives and transfer to the hotel. Overnight in Lima.

#### Optional

##### Half Day City Tour Lima

Our guided visit to Lima allows you to see the Historical Centre: Plaza Mayor ("Main Square"), the Government Palace, the Archbishop's Palace, the City Hall and old streets with colonial mansions and Moorish balconies. You will also visit the San Francisco Convent, which has the most magnificent monumental collection of colonial art in America. The tour will continue through the most traditional residential areas of Lima which include San Isidro, Miraflores and Larco Mar, here we can have a spectacular panoramic view of the Pacific Ocean.

#### Day 11

##### Lima: International Flight

At the scheduled time, transfer to the airport to take your international departure flight.

#### Day 12

Arrive Home

End of our Scheduled Tour

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Price per person sharing

Sun Trail 12days/11nights Lima, Cusco & Machu Picchu		
Based on / Accommodation	Double	Single Supp.
Minimum 2 passengers	From: € 1,755 + Tax €465	€ 213

Selected Hotels			
City	Category	Hotel	Web Page
Lima	4*	Jose Antonio	<a href="http://www.hotelesjoseantonio.com">www.hotelesjoseantonio.com</a>
Cusco	4*	Eco Inn Cusco	<a href="http://www.ecoinnhotels.com">www.ecoinnhotels.com</a>
Aguas Calientes	3* Superior	El Mapi - Inkaterra	<a href="http://www.elmapihotel.com">www.elmapihotel.com</a>

Optional: (price per person – Based on 2 passengers)

Half day Cusco city tour & nearby ruins	€ 51
Full day Pisac Market & Ollantaytambo with lunch	€ 67
Half day Lima city tour	€ 19

Departures Dates
Every Sunday, Wednesday & Friday from April through December 2011

Included

All transfers and excursions include local guides Spanish/  
Domestic and international tickets  
English in each city  
Accommodation in standard room  
Meals mentioned in the tour description  
Chef and supporting staff  
Horses and mules  
Camping equipment: North Face tents, dining tent,  
kitchen tent and toilet tent.  
Sleeping bag and mattress  
First aid kit, oxygen  
Entrance tickets  
Local train from Hidro to Machu Picchu town  
Expedition train ticket (Machu Picchu – Ollantaytambo)

Not Included

Airport taxes are sometimes payable locally  
(subject to change).  
For each domestic flight: USD7 per person  
For international flights: USD31 per person  
(these can vary)  
Personal expenses  
Alcoholic drinks  
Tips

E&OE.